

Space at programs is limited. Seating is available on a first-come, first-served basis, except as noted.

## **FOR FAMILIES**

### **Book Babies**

Storytime for children 0-12 months with adult.  
**Tuesdays, 11:30 am-12 pm**

### **Tiny Tots**

Storytime for children 12-24 months with adult.  
**Thursdays, 11:15-11:45 am**

### **Toddler Storytime**

Storytime for children 24-36 months with adult.  
**Thursdays, 10:15-10:45 am**

### **Preschool Storytime**

Storytime for children 3-6 years with adult.  
**Fridays, 10:15-10:45 am**

### **Black Storytime**

The African and African American experience comes alive for children 0-6 years (with a favorite adult and other family members).  
**Saturdays, 10:30-11 am**

### **Whimsical Troll Fairy Houses**

Create a miniature troll house with a garden around it while we take care of Mother Earth by using recycled materials. *Registration required; register online, in the library or by calling 503.988.5123.*  
**Saturday, October 13, 12:15-2:15 pm**

### **Hora de manualidades / Family Craft Hour**

Manualidades para toda la familia. Todos los materiales serán proporcionados. *Bring art and color into your life with our very simple crafts for the entire family.*

**Viernes, 19 de octubre, 4-5 pm**  
**Friday, October 19, 4-5 pm**

## **FOR KIDS AND TEENS**

### **Youth Council**

Build leadership skills, work on creative projects, plan events, earn service hours, and have fun with other teens and library staff. Snacks provided!  
**Wednesday, October 3, 4:15-5:30 pm**

### **Read to the Dogs**

Improve your reading skills and make a new friend by reading aloud to a therapy dog. The dogs and handlers are from Pet Partners®. *Registration required; call 503.988.5123.*  
**Tuesday, October 16, 4-5:20 pm**

North Portland Library, 512 N Killingsworth St., 503.988.5123

October 2018

## FOR ADULTS

### **Adult Literacy Tutoring**

Drop in to work one-on-one with a tutor. Get help with reading, writing, math, English and the GED.

**Mondays, 5-7 pm**

### **Accessible Yoga for All\***

Join an inclusive and accessible four-session yoga series that is grounded in aligning the mind, body and spirit. Chair yoga is one of the most accessible forms of yoga because it can be done using a chair for standing or seated poses. This class is for those who often do not feel comfortable in traditional yoga classes due to age, non-traditional body and/or limited mobility. There is a focus in this class to engage and inspire African-American folks, elders, and other underserved groups in improving health through movement.

**Wednesdays, October 3-24, 10:30-11:30 am**

### **Tortilla, Sope & Gordita Making with Fresh Corn Masa\***

This hands-on class includes shaping and cooking tortillas, sopas and gorditas and finishing them with Three Sisters Nixtamal's favorite locally available Mexican ingredients. They'll share their favorite recipes and talk about the history of corn in indigenous cultures throughout the Americas as well as the health benefits of the traditional corn processing method called "nixtimalization."

**Tuesday, October 9, 6:15-7:45 pm**

### **Pageturners**

Meet the author! Read *Dangerous Subjects: James D. Saules and the Rise of Black Exclusion in Oregon* by Kenneth R. Coleman. Engage in conversation about books and get to know your neighbors. Sponsored by the Friends of the Library.

**Tuesday, October 16, 6:15-7:45 pm**

### **Talking About Race with Preschoolers\***

Research shows that children not only recognize race from a very young age, but also develop racial biases by ages 3 to 5. So how do we talk about race with young children? During this four-part series, we will explore how to approach talking about race with preschool-aged children, how you can use picture books as conversation starters, and have a chance for discussion and reflection. We will also share resources that will help continue the dialogue. This is aimed at parents and caregivers of children 3-6 years.

**Saturdays; October 20 and 27, November 10 and 17;  
10:15-11:15 am**

### **Resume Help / Ayuda con curriculum\***

Do you need some help with your resume? Are you unsure about your choice of words? Struggling to describe your accomplishments? Come meet with an experienced volunteer for 30 minutes of one-on-one help. If you have a paper copy of your resume, please bring it along. ¿Necesita ayuda con su curriculum vitae? Venga a reunirse con un experto voluntario para ayuda individual. Por favor traiga una copia de su curriculum vitae si la tiene. La inscripción es obligatoria; inscribese por Internet, en la biblioteca o llamando al 503.988.5123.

**Saturday, October 20, 10:30 am-12:30 pm**

**Sábado, 20 de octubre, 10:30 am-12:30 pm**

### **Earthquake Ready\***

Are you ready for the Cascadia Subduction Zone earthquake? Come learn what to expect and how to physically and psychologically prepare for this major geological event. You'll learn how to prioritize and customize your planning, as well as how to involve your neighbors in this important work. We'll take a look at what's being done by our government and our schools to prepare for the Big One, and you'll hear what your local Neighborhood Emergency Team is doing to prepare for the quake.

**Tuesday, October 23, 6-7:30 pm**

## COMPUTER CLASSES

### **Computer Help**

Friendly, patient lab assistants are available to help you practice your computer skills.

**Mondays, 1-3 pm**

**Tuesdays, 3-5 pm**

**Fridays, 1-4 pm**

**Saturdays, 3:30-5:30 pm**

### **What is the Cloud?\***

Come to this class to learn what you can do in the cloud, the benefits of using the cloud, and how to get started using the cloud. You must be comfortable using the internet to participate in this class.

**Tuesday, October 2, 5:30-7:30 pm**

### **Word Processing 1\***

Learn how to create and edit documents with Google Docs and Microsoft Word. This class is for beginners, but you must be comfortable using a keyboard and a mouse.

**Wednesday, October 10, 12:30-2:30 pm**

### **Spreadsheets 1\***

Learn how to create and edit spreadsheets with Google Sheets and Microsoft Excel. This class is for beginners, but you must be comfortable using a keyboard and a mouse.

**Wednesday, October 17, 12:30-2:30 pm**

### **Gmail and Google Tools\***

Learn about managing your Gmail inbox, using your Google calendar to share your schedule, and using Google Tasks to keep your to-do list online. You must have a Google or Gmail account in order to participate.

**Tuesday, October 23, 5:30-7:30 pm**

### **Windows 10\***

Are you confused by your new operating system? Come learn the basics of Windows 10. You can bring your own Windows 10 laptop or mobile device, or use a library Windows 10 laptop.

**Wednesday, October 24, 12:30-2:30 pm**

\* **Registration required; register online, in the library or by calling 503.988.5123.**