Read.
Pick up a copy of *A Tale for the Time Being* from your neighborhood library (while supplies last). Check out a readily available copy of the e-book or downloadable audiobook.
Made possible by The Library Foundation.

**ABOUT THE BOOK**

In *A Tale for the Time Being* the lives of two strangers become connected across time and an ocean. Ruth, a novelist, discovers a Hello Kitty lunch box on the coast of British Columbia. Inside, she finds the diary of 16-year-old Nao Yasutani of Tokyo. Ruth becomes absorbed in the drama of Nao’s life and her unknown fate.

In Tokyo Nao is the target of her classmates’ bullying and struggles with overwhelming loneliness. She thinks about suicide, but she doesn’t want to leave the world until she writes the story of her beloved great-grandmother, a Buddhist nun who is over a century old. Through intersecting stories, Ozeki explores ideas of time, mythology and connection.

**ABOUT THE AUTHOR**

Ruth Ozeki is a novelist, filmmaker and Zen Buddhist priest. Her storytelling integrates issues of science, technology, religion, environmental politics and pop culture into unique forms. She has written four novels and one work of nonfiction. *A Tale for the Time Being* won the L.A. Times Book Prize and has been published in over 30 countries.

More recently, Ruth Ozeki won the 2022 Women’s Prize for Fiction with *The Book of Form and Emptiness*.

**Thursday, March 16 • 7:30 pm**
**Keller Auditorium**

Tickets and event information: [literary-arts.org](http://literary-arts.org)

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**Everybody Reads 2023**

A community reading project of Multnomah County Library
Made possible by The Library Foundation

**Celebrate our 21st annual Everybody Reads with *A Tale for the Time Being* by Ruth Ozeki.**

Explore the power of books to create a stronger community.

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**Acknowledgements**

The Library Foundation
Literary Arts
Oregon Public Broadcasting
Oregon Cultural Trust
Pamplin Media Group

Community Partners:
Dharma Rain Zen Center
Japanese American Museum of Oregon
Oregon YouthLine
Portland Japanese Garden
Broadway Books

Thanks to Third Eye Books, Broadway Books and Powell’s Books, where you can purchase a discounted copy of the book.

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Thanks to Literary Arts and Pamplin Media Group, sponsors of Everybody Reads.

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Understanding Zen in A Tale for the Time Being
Sat., Jan. 14, 3:30–5 pm
Dharma Rain Zen Center
500 NE Siskiyou St.
Zen teachings and practices are woven throughout Ozeki’s book and she is a Buddhist priest. Learn more about the background of the book and join in mindfulness and meditation exercises with Kakumyo Lowe-Charde.

Origami for Time Beings: Make a Folded Book
Sat., Jan. 28, 2–3:30 pm
Central Library
Registration required.
In A Tale for the Time Being, Nao’s father finds comfort in folding origami using paper from old books. In this workshop, instructor Yuki Martin will guide you through the creation of an origami book model.

Bonsai Demonstration
Sat., Feb. 4, 2:30–3:30 pm
Portland Japanese Garden
611 SW Kingston Ave. • Registration required.
Visit the garden and learn about the art of bonsai. This ancient practice of creating miniature landscapes fulfills the human yearning to connect with nature in the smallest of spaces. Bonsai practitioner Jeffrey Robson will demonstrate how to create and care for these living art pieces.

Surviving Japanese American Incarceration: A Conversation & Book Discussion
Sat., Jan. 21, 2–4 pm
Japanese American Museum of Oregon
411 NW Flanders St.
Joni Kimoto will share personal and historical stories from the time that Japanese Americans were incarcerated during WWII. Afterwards, there will be a facilitated discussion of A Tale for the Time Being.

Coping with Stress: A workshop for teens
Thu., Feb. 23, 4–5 pm • Rockwood Library
Registration required.
Teens, are you feeling stressed? Not sure how to cope? Join Oregon YouthLine for this workshop that will help you understand and identify the stress in your life. You’ll come away with coping strategies and know where to find support. Everyone will receive YouthLine’s Getting Through Today brochure and an interactive wallet card.

Felted Sushi for teens
Sat., Feb. 4, 12–1 pm • Online.
Registration required.
Please don’t eat the sushi! Artist LeBrie Rich will show teens how to make felt sushi roll that will be cut up into many pieces of colorful sushi.

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Bystander Intervention to Stop Anti-Asian American and Xenophobic Harassment
Wed., Feb. 15, 6–7 pm • Online. Registration required.
Gain skills to safely stop racist harassment as it happens, while prioritizing your own safety. Learn about the challenges Asian and Asian American people are facing right now. This interactive workshop includes time at the end for practice. Right to Be — a global team of educators, motivators and facilitators — focuses on turning the care we have for each other into simple, effective action.

Death and Dying Trivia Night
Thu., March 2, 6–7:30 pm
Hillsdale Library

¿No nos preocupemos por los desastres o los cambios! ¡Preparémonos en comunidad! Martes, 28 de febrero, 6–8 pm En línea. Inscripción requerida. Cómo manejar las preocupaciones y crear un plan de emergencia que incluya a mi comunidad. Cuando enfrentamos desastres naturales y cambios sociales, es fácil sentirse preocupado y pensar: ¿Qué puedo hacer frente a eventos devastadores?

Out-of-the-ordinary events
Visit multcolib.org/reads for registration information.

How to learn to stop worrying and love emergency planning (and your neighbors)
Sat., Mar. 4, 1–3 pm
Gresham Library
Thinking about climate crisis and disaster can be overwhelming. How can you prepare? Alice Busch, from Multnomah County’s Department of Emergency Management will lead us through the many practical actions we can take to prepare for challenging times and build resilience through community.

Discuss A Tale for the Time Being
Join us for facilitated conversations around A Tale for the Time Being.
Tue., Feb. 7, 6–7 pm
Broadway Books
1714 NE Broadway St.

In Chinese:
Thu., Feb. 23, 4–5 pm • Woodstock Library
《不存在的女孩》中文读书会，一起来品尝下午茶、讨论和分享您的阅读体验。

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