Here we go again

As we start 2022, we find ourselves once again wondering about school closures and remote learning, not to mention how to get tested for and vaccinated against Covid-19. Here are some resources to help support you and your family during this difficult time.

Lunar New Year

Learn about and celebrate the Year of the Tiger with the library.

Peace of Mind

Navigating stress, anxiety, school and COVID with ZaDora Williams, for Black teens.

Manga

Meet library staff’s favorite manga, for beginners and longtime fans!

It's Black Storytime!

Stories featuring Black
February is National Children’s Dental Health Month

Dental health is an important part of our overall health, but not every kid is excited about brushing their teeth or visiting the dentist, especially if they have sensory processing issues. Here are some tips to help every child have good dental health!

Mental Health Moment: Seasonal Affective Disorder (SAD)

If you, or your child, feel a sense of fatigue and sadness this time of year, it may be more than just a case of the “winter blues.” We’ve put together some information and resources to help you learn more
about Seasonal Affective Disorder (SAD).