What is resilience?

Children are not born with resilience - it's a skill that is developed to manage stress and cope with adversity. Children in foster care may experience serious hardship, like feelings of abandonment and rejection when parents struggle with their own problems and don't meet their children's needs. Learn about resilience and how we can help children develop it.
7 tips for providers with children in foster care

Do you wish you had some tools to help support children in foster care in your program? An early childhood education worker shares practical strategies based on her experience as a foster mom.

Get the tips

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Smooth transitions for children in foster care

People say it takes a village to raise a child and this is especially true when it comes to children in foster care. A child in foster care comes with special and sometimes difficult experiences and it is important for the family and caregivers to have great

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Contact us!

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communication to help the child feel safe, loved and have easier transitions.

Learn more